



# UNITY *massage*

Unity Holistic Massage Diploma  
prospectus 2018-2019

*An explorative journey into oneself  
relating with others through loving touch.*





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# Introduction

Thank you for your interest in the Unity Holistic Massage Diploma (MTI). I hope this document will answer any questions you may have about the journey. Please take some time to read it carefully, and if any uncertainties remain, please don't hesitate to contact me directly.

The course is delivered over regular teaching weekends. There will also be 5-6 hours of home study required per week. It is suggested that you plan carefully to keep on track with the timetable.

To enrol please complete the contract and return together with your deposit and medical certificate, stating that you are in good health prior to commencement of the course, to:

Rosie Chipping, Unity Studio  
130a Lewes Rd, Brighton,  
BN2 3LG



This will secure you a place subject to interview. We will contact you to arrange a suitable time. It is important to understand that this diploma requires intensive study – on both the practical and Anatomy, Physiology & Pathology elements. This course also serves as a personal development journey, with exercises and practices into self-healing and awareness. Your journey will be supported by Sevanti and her assistants Victoria Auton and Ali Wheeler, who teach in a sacred but also fun and enjoyable way.

If you have any further questions, please email Rosie at [unityschool130@gmail.com](mailto:unityschool130@gmail.com)



# What is Unity Holistic Massage?

## Holistic Massage & Validation

This course is recognised by MTI, the Massage Training Institute. MTI is the leading Holistic Massage body, celebrating bodywork which unites the well-being of the mind, body, emotions and spirit.

In holistic massage, we recognise that each part of ourselves influence other parts; for example our physical body may store emotional and/or mental stress. Therefore physical massage effectively supports, restores and brings healing to the other integrated, subtle bodies.

The consultation enquires deeply into the client's health on all levels. This enables us to create an effective treatment, which recognises possible root causes, as well as the tangible symptoms.

As a massage practitioner, we are attentive, caring and receptive, establishing a nourishing and confidential space for our clients to return back to a harmonious and peaceful state. Our treatment plan may include energetic healing, acupressure points, stretches, holds and passive movements in addition to a spectrum of oil techniques.

## Course content

This course focuses on a wide range of oil techniques, primarily 'Swedish', plus Lomi Lomi, Lymphatic Drainage and Deep Tissue practices. We work on the back, back of legs, front of legs, arms, abdomen, upper chest, neck, shoulders, scalp and face.

Workshops in Thai Massage, Acupressure head/neck/shoulder massage, Reflexology, Aromatherapy, Passive Movement and Relaxation, Energetic Healing, Crystal Therapy and Ritual, provide inspiration and techniques to offer clients a versatile selection of massage techniques.

Students are taught many tools to create massage treatments of various lengths and content; appropriate for the circumstances and the needs of the client.



# Personal development

Yoga, dance, meditational movement, tai chi, seated meditation and yoga nidra (deep relaxation) take place throughout the course to support the student in their skills and well-being.

These classes and workshops offer practices to assist their posture, pace and general approach, as well as supporting them on a personal level. Our own health and well-being as practitioners is paramount and allows us to offer ultimate support to our clients when we are centred and in harmony with ourselves.

This diploma focuses significantly on the well-being and personal development of the student. Students are encouraged to establish a regular meditation practice, and to receive ongoing bodywork themselves to support their body and mind.

Through massage, and the integrated study of anatomy, physiology & pathology we recognise the miracle of the physical body and consider it as a gateway into our ultimate consciousness.

We study the history of massage, and how this intrinsic form of communication varies across the world. Massage has an extensive history in most cultures to comfort, soothe, invigorate, detoxify, relax, repair and rejuvenate.

Created and directed by Sevanti, assisted by Victoria Auton and Ali Wheeler.





## Sevanti's Background and Approach

Sevanti began her exploration into massage in 1994, whilst studying a BA (Hons) degree in Dance Theatre. Inspired and influenced by the remedial effects during her intensive ballet and contemporary training, Sevanti trained in Swedish Massage. She explored various other massage techniques whilst also training to become a Yoga teacher, including Thai Massage. She later went on to study laStone, Acupressure Chair Massage 'Touch-Pro', Lymphatic Drainage, Balinese Massage and techniques from Romi Romi and Pulsing.



Sevanti also trained in all levels of Reiki, becoming a Reiki Master, in addition to a Sekhem practitioner. She trained in Crystal Therapy and immersed herself in other meditative and movement practices such as Tantra, Sufism and Biodanza, with an on-going practice in 5Rhythms.

These experiences all inform her design and delivery of the Holistic Massage course; integrating massage, meditation, movement, dance, yoga, healing, crystals, sound, and group facilitation practices.

She continues to offer her own massage practice from her Unity Studio, Brighton in addition to teaching the diploma each year. She has taught this diploma as well as the Unity Yoga Teacher Training (IYN) Diploma since 2000, and also runs a Unity Partner Yoga™ Teacher Training Diploma. Sevanti teaches Reiki and runs retreats, workshops and regular classes.



## Rosie Chipping

Unity Course Administrator & Marketing Manager

In October 2013 Rosie joined the Unity team. Rosie graduated with a BA (Hons) in Journalism at Falmouth College of Arts in 2004. Since then she has worked freelancing for a range of magazines and blogs, co-founded Brighton Writers and was also the Assistant Editor of Pretty Litter magazine, a Brighton based arts publication.



Rosie will be your first port of call when you enquire about the 'Unity Holistic Massage Diploma' and she will provide you with all of the information to ensure that this is the course for you, as well as how to enroll and what to expect on your first day of the diploma.

Throughout the length of the diploma Rosie will be on hand to help you with any further queries relating to the course administration and finances.





## Additional Tutors

### Victoria Auton- Assistant tutor

Victoria has over 17 years experience working in hospitals, hospices, nursing homes, holistic health clinics and retreats in London, Sussex and Europe offering and sharing her passion for massage, yoga and healing. In 1997 Victoria trained with Joyce West at Essential Care Training in Croydon, where she gained qualifications in Clinical and Holistic Aromatherapy, Reflexology, Deep Tissue and Indian head massage.

The Aromatherapy and Applied Practitioners Associations and the Aromatherapy Organizations Council accredited these qualifications. She then went on to study with the Metta School of Thai Massage in 2004 to further her skills as an advanced Thai massage therapist.

She also worked to complete her Reiki masters status and has many years experience running workshops and courses in Reiki, Reflexology, Thai massage and Aromatherapy. In 2007 together with fellow Thai massage therapists Victoria set up the Sumana Thai massage clinic in Brighton. She also qualified as a Unity Yoga teacher in 2011, furthering her interest for health and wellbeing of mind body and spirit.



### Earle Abrahamson - Anatomy, Physiology & Pathology tutor

Earle Abrahamson is an internationally published author, therapist, psychologist, educator and teaching fellow. Born and raised in Johannesburg, South Africa, Earle gained qualifications and expertise in physical education, sports therapy, clinical psychology and educational practices. He has extensive experience as a mentor and has developed mentorship programmes internationally. Earle has been instrumental in designing therapy programmes that promote reasoning and graduate skills employability.

He currently co-chairs The International Society for the Scholarship of Teaching and Learning (ISSOTL): He is a fellow of the Royal Society of Medicine and served as student liaison officer for the British Association of Sports Rehabilitators and Trainers (BASRaT) and holds senior practitioner status in soft tissue therapy with the British Register of Complementary Practitioners (BRCP).

Earle is an internationally acclaimed presenter, sought after to deliver seminars and workshops. Earle has worked with partner consultancies to develop best practices and is involved in developing professional and student experiences through active engagement with industry and commercial events. During 2012 Earle gave his services to LOCOG as an accredited sports massage therapist. He was situated in The Velodrome during The Olympics and in The Athletes Village during The Paralympics.

Earle is an MTI (Massage Training Institute) accredited tutor and the Chair of MTI; is an elected member to the PSB for Massage on the CNHC (The Complementary and Natural Healthcare Council) and Vice Chair of the GCMT (The Council for Soft Tissue Therapies).





# Syllabus

## Massage Theory

Related disciplines

(All accessible to complete beginners and those inexperienced in these areas)

Yoga

Meditation

Meditational movement & dance

Sufi & tantric practices

Tai Chi

Body weight and alignment awareness

Consultation & aftercare

Energy maintenance and protection techniques

Choosing the appropriate couch /floorwork options

Working through clothing

Business studies & self employment

Marketing & Insurance

## Sensory applications

Welcoming foot soak

Gemstones and oils

Cleansing with sage, incense and 'Aura soma'

Sound & vibration, appropriate music – the use of crystal/tibetan bowls, cymbals and bells

Flower petal and essential oil water bowls

A sacred experience

Massage as meditation

Massage as ritual

Presence



## Massage for all

Additional workshops in pregnancy massage, infant massage, massage for less able bodies and those with learning difficulties.

## Practitioner care & support

Group sharing

Co-Listening



## Practice

Practice with fellow Students

Clinic Practices within allocated sessions

40 hours of documented practice

10 hours of reflected received treatments

## Anatomy, Physiology & Pathology

This course must be taken alongside the practical and theoretical weekends.





## Course Outline

(This is an overview of the weekend syllabus, it does not include in depth detail and lessons are subject to change between months.)

9.30am-5.30pm Thursdays, 9am-6pm other days.

Please allow half an hour after the session for questions/tidying away etc.

Dates are subject to change, but we will ensure that every student is accommodated if this occurs.

Session 1: Thursday 22nd November – Saturday 24th November 2018

Introduction & Administration

What makes a good massage?

What is Holistic Massage and the Unity Holistic Ritual Massage?

Other types of bodywork

Practical guidelines

Contraindications

Consultation form

AP&P information

Setting up the room

Back Massage

Classification of techniques

History & Effects of Massage

Back of leg massage

Information on: Massage journal, clinic practice,

Reiki, First Aid, Book list

Case Study Info – Assessment Criteria

After care and home advice



Home study: Essay and case studies begin, start journal and charts



Session 2: Thursday 13th December – Saturday 15th Dec 2018

Recap Back & Back of leg Massage  
Info on Massage Charts

Introduction to the Skeleton  
Front of leg Massage  
Arm Massage  
Intuition & Energy  
Body posture and techniques  
Looking after yourself

Home study: Case studies continue

Session 3: Thursday 4th – Friday 5th Jan 2019

Introduction to Muscular System in relation to Practical techniques  
Abdominal Massage  
Face Massage  
Body, Mind, Balancing  
Aura & Chakras  
Recap ALL  
Professionalism & Sexuality  
Ethics & Legislation  
The importance of Hara connection and fluidity: Tai Chi workshop

Home study: Essay\*case studies continue



## Session 4: Thursday 14th – Friday 15th Feb 2019

Self Reflection on Massage Journey so far

Practice time

PRACTICE Session: With tutors, including therapist-client role play

Working on all ages, bodies (general -elderly, pregnant, special needs, cancer, babies etc)

Quality of touch

Workshop: Supplementary Oil Techniques, Reflexology

Reflection of progress and development so far

Home study: Reflection write up & case studies continue

## Session 5: Thursday 21st – Friday 22nd March 2019

Workshop: Thai Massage, Seated Acupressure Massage,

Energy work & relaxation

Health & Safety, risk assessment

Client Management

Hygiene

First Aid overview

Advertising & Marketing

Protection

Body Posture, use of techniques

Speed and rhythm

Stress, Depression & Anxiety – How Massage can help

Practice

One Clinic Practice

Home study: Essay and case studies continue



## Session 6: Thursday 18th – Saturday 20th April 2019

1 x clinic practice

Ritual Practice – Oils, Crystals, Energy work, Cleansing, foot soak etc

Varying treatment lengths

Ending a treatment

Timing, Pressure feedback

Clothing and presentation

Breath and Meditation in Massage

Workshop: Thai Foot Massage, Intro to essential Oils, Deep Tissue Massage

Discuss and Practice exam in depth

Check all coursework to date in detail

Hands free, strain free Massage

Home study:, Essay, case studies continue

## Session 7: Thursday 24th – Friday 25th May 2019

Aftercare, home advice – more detail

1 Clinic Practice

Advertising & Marketing

Tax & Insurance

Practice 2hr Ritual Massage

Yoga Nidra

Practice



Home study: Leaflet/card/logo ideas, Massage theory paper



## Session 8: Thursday 27th – Friday 28th June 2019

### Practice

Self Employment, Business Studies

Clinic Practice – Exam practice of 45 mins

Mock Exam – 1 hour Exam (Mock)

Massage for the Elderly, Babies & Cancer care

Coursework deadline 10am 1st July 2019

Practical exams Thursday 18th and Friday 19th July 2019





# Anatomy, Physiology & Pathology

## Course Outline

This module will provide you with a thorough understanding of the structure and workings of the human body and of the effects of common diseases and conditions. It will also link this knowledge to your massage study and practice.

The course comprises six days (10 am to 5 pm), with time between them to allow for home study and preparation of assignments. The days will include active learning – experiential exercises, games and group discussions.

The AP&P classes will be held at the Unity Studio, Brighton.

AP&P dates - AP&P class dates

Sat 9th/ Sun 10th February 2019

Sunday 17th March 2019

Sunday 7th April 2019

Saturday 18th & Sunday 19th May 2019

Thursday 23rd May 2019 – Mock exam

Final AP&P exam – 21st June 2019

Day 1 – Introduction, skeletal system, skin, cells & tissues.

Day 2 – Muscular system.

Day 3 – Nervous and endocrine systems.

- Physiology of stress & relaxation.

Day 4 – Digestive, respiratory and cardiovascular systems.

Day 5 – Lymphatic, immune, urinary and

- Reproductive systems.

Day 6 – Revision.

Mock Exam – Thursday 23rd May 2019  
(Brighton)

Exam – 21st June 2019  
(Brighton)



# Exams and Coursework

Notes will be provided for each day. The recommended course text book is – Anatomy, Physiology and Pathology for the Massage Therapist" (ISBN 1903333075) by MTI tutors Su Fox and Darien Pritchard. This book covers the syllabus requirements. It is recommended that students use other texts to support their study as well. And Practical Pathology for the Massage Therapist (ISBN 1903333199) by MTI tutor Su Fox.

## Practical Exam Enrolment Requirements

Students are required to pass their practical mock exam in order to be entered in for their final exam. No refund will be given for non-attendance.

## Coursework Requirements

- Students are required to record 40-hours of given massages, including client feedback, practitioner feedback and consultation forms.
- A written record of 10 received treatments; at least one of these must be with the main tutor or assistant tutor if the main tutor is not available. Please consider the financial cost of this aspect of the course before committing, please discuss with us if concerned.
- Final Theory paper.
- All requested written assignments.
- Personal reflective journal.
- Any other set coursework and supporting research.

Throughout the course there will be ongoing monthly coursework deadlines.

Coursework set the previous month must be handed in the following session (except when stated otherwise). Some extensions may be granted in exceptional circumstances.

However, a late marking fee might apply. If there is ongoing unauthorised coursework lateness, the tutor has the right to withdraw the student from the course.

Please note that the final coursework deadline date and time is mandatory. Unity may offer the flexibility of handing the coursework in earlier, however, if it arrives after the time (normally 10am) and date specified then the student can not be put forward for you exam.

## Essays

When an essay is set it is due to be handed in the following session directly to Sevanti (hand-written or printed). Sevanti cannot accept emailed copies. Extensions may be possible based on exceptional circumstances, but there may be an additional fee. Please contact Rosie to apply.

## Tutorials

Half-way through the course there will be a 30-minute tutorial either face-to-face or on Skype. If an extra tutorial is required, at the discretion of the main Tutor, then there will be an additional fee.

## AP&P Exam Enrolment Requirements –

You are required to pass a written exam in Anatomy, Physiology & Pathology as part of your Holistic Massage diploma. Students will need to sit a mock exam, which will be assessed. Students will receive feedback regarding whether they are ready to sit the final AP&P exam.

You are required to have attended all classes/catch-up sessions and completed all homework assignments before enrolment. Please contact Rosie to apply for an extension.



# Practicalities

## Venue

The course is delivered at Sevanti's studio. The address is Unity Studio, 130a Lewes Road, Brighton, BN2 3LG. There are many hotels/B&B's in the area. Please contact the Tourist Information Board ([www.visitbrighton.com](http://www.visitbrighton.com)), or Sevanti can also help with queries nearer the time. Accommodation is also available at the studio for students, please contact us for more information.

## Course Recognition

The course is accredited by the Massage Training Institute (MTI) which is affiliated to the General Council for Massage Therapy (GCMT). It includes a compulsory Anatomy, Physiology & Pathology module, which will be taught by Earle Abrahamson.

## Assessment

You will be assessed by:

1. Practical assessment
2. Anatomy, Physiology & Pathology written assessment.
3. Coursework

The coursework and final 2 exams will be assessed by MTI's quality commitment and assurance system.





## Exam fees

Exam fees are included in the overall course investment.

Should either the practical or AP&P exams need to be re-taken, the prices are as follows:

Practical £145

AP&P £145

The exams will be held at the Unity studio. If exams are not attended, there will be no refund.

## Investment

Practical & theory £2000 (includes exam fee)

Anatomy, Physiology & Pathology £650 (includes exam fee)

Total cost £2650

## Unity offers two payment options:

1. Students can receive the discounted price of £2450. We require a deposit of £650 (non-refundable) to be paid by 22nd October 2018, followed by the remaining balance of £1800, which must be paid by the 22nd November 2018.
2. Students have the option to pay the full course fee in instalments. This price is £2650. Unity requires £1325 to be paid by the 22nd October 2018, this includes the £650 non-refundable deposit. This is followed by 4 monthly payments (1st Nov 2018, 1st Dec 2018, 1st Jan 2019, 1st Feb 2019) of £331.25.

## This includes :

- 19 days of Practical teaching with Sevanti (and/or other specialist teachers for specific sessions)
- 6 sessions of Anatomy, Physiology & Pathology teaching with Earle Abrahamson
- Practical exam fee
- Anatomy, Physiology & Pathology exam fee
- Payments are non refundable and non transferable.

## Additional fees:

The MTI registration fee of £35. (Please make cheques payable to Massage Training Institute)

This is payable on the first day of the course

The course handbook, MTI's textbook in Anatomy, Physiology and Pathology is to be paid for on the first day of the course, at £16.

First Aid course £95 (unless a valid certificate is held)



## First Aid Training

All students are required to hold a current First Aid certificate, gained within 3 years of their Unity graduation date. A dedicated one-day course (cost not included in course fee) will be held, which all students must attend unless they can provide valid certification.

## First Aid at Work

A course specifically designed for Unity Holistic Massage & Yoga Teacher Training Diploma students. It not only includes the topics required for the appointed person's certificate, but it has been developed to further incorporate common situations such as: soft tissue injury, fractures, shock and anaphylaxis, heat exhaustion & heat stroke, common illness, asthma and epilepsy, taken into a yoga & bodywork context.

### Content

Safe best practice

A systematic approach to incident management

Unconsciousness, causes and treatment

External bleeding, internal bleeding and shock

Resuscitation procedures including choking

Awareness of current regulations

Optional topics tailored to group



Tutor: Charles Holmes, a qualified ITEC massage therapist (since 1990), completed a course in myofascial release at LSSM, HSE approved First Aid instructor, trained as a paramedic at Hertfordshire University.

**Course Date: 2nd June 2019 9.30am-5.30pm at Unity Studio**  
**Cost: £95 including all literature and certification**

All students are required to hold a current First Aid certificate, gained within 3 years of their Unity graduation date (July 2019). Any student with valid certification will not need to take this course.





## To consider:

- As a student, you will be experiencing a powerful group journey together.

We honour the yogic principles to create harmony and flow within the group.

- Our values underpin the flavour of the atmosphere that we create at Unity.

Please read through these on our 'Core Values' section and feel if this is in harmony with what you are looking for.

- In addition to the internal and external assessment, the student is also assessed informally throughout the course in practical application, in addition to theoretical input and general conduct.

It is important to realise that the student may not be able to graduate if these skills are not met. These skills are relevant to being a Massage Practitioner, but also to the entire course in showing support and respect for fellow students, teachers and clients.

## We ask that you attempt to:

- Show sensitivity to other people's needs and work with love and respect for one's surroundings, fellow students and teachers.
- Discuss problems in a mature manner, with sensitivity, attentiveness and kindness.
- Aim to be trustworthy, respecting confidentiality around personal information.
- Take care of oneself and others – Looking after one's own needs.
- Seek support when needed, from friends/family/therapists. This course may also be experienced as a transformative personal journey. Therefore we suggest a strong supportive network if the student feels that it is needed. Students are responsible at all times for their physical, mental, spiritual and emotional well-being. If you require external support we are happy to suggest various practitioners and therapists who may offer you additional support.
- Demonstrate self-assurance - Adopting a positive standpoint of one's abilities and progress. Show confidence in oneself, with patience and awareness.
- Respect social reliability – To respect the schedule and the group by being on time. Respecting confidentiality and maintaining boundaries.
- Maintain a professional appearance – Caring for personal hygiene and tidiness, particularly when with clients and running a clinic.



We kindly request that you:

- Students will need to take out 'student insurance' for the duration of the training.  
Please ask for details at the start of the course.
- Full payment must be complete before the graduation date. We will be unable to release certificates until the full payment has been made.
- To use the Unity name and branding in advertising and promotion.





# Unity Provides

## The Diploma

- A nine-month diploma, with 200 hours of contact tuition time recognised by MTI
- Monthly 2 or 3 day sessions in Brighton (Residential possible) over 9 months.
- 9.30am-5.30pm on the Thursdays and 9am-6pm on the other days.
- Course created and taught by Sevanti, assisted by Victoria Auton, plus extra visiting tutors
- 50/50 Practical & Theoretical study including clinic practices.
- Set coursework includes written assignments, a journal, Anatomy homework, receiving at least 10 treatments with written feedback, and giving at least 40 hours with written feedback; plus practical exam, Anatomy exam and written paper set as homework
- A thorough and intensive but enlightening training that will prepare you and guide you in becoming an excellent Holistic Massage Practitioner
- The tuition of an extensive range of Swedish Massage techniques, plus workshops in Thai Massage, Acupressure head, neck & shoulder Massage, Aromatherapy, Reflexology, Energy work & Relaxation, Intuitive Massage, Crystal Healing & Ritual, Deep Tissue Massage and more
- Regular Yoga practice is included, plus workshops in meditational Movement & Dance, Tai Chi and regular seated meditation
- Group Sharing & Co-Listening
- Specific sessions on Massage for the whole Community (inc pregnancy, children, the Elderly and those less able bodied), business & marketing and running your own business
- Specific Anatomy, Physiology & Pathology by experienced teacher and current Chairman of MTI, Earle Abrahamson.
- Small groups; a maximum of 8 students to allow a supportive family like atmosphere.
- Supportive teachers
- Beautiful, homely space to learn in
- A fun, awakening and inspiring personal journey
- An excellent, highly regarded professional certificate with the best governing body in Holistic Massage, MTI
- Unity students receive a 10% discount off all Unity Retreats and Unity professional trainings.



## Administration

- A telephone or face to face interview prior to acceptance to the course
- Ongoing support with admin and payment organisation
- Teaching manuals downloadable on Dropbox.
- A discount on student insurance
- Access to information and support through MTI, plus the inclusion on the MTI database of Practitioners

## Plus

- First Aid course available in June 2019
- Reiki courses are available to supplement the training
- The opportunity to practice at Unity with marketing support after the course.
- The opportunity to be part of the 'Unity in the community' scheme, where recently qualified students may visit people in their homes/care homes/work etc to deliver affordable massage those who cannot access the studio.



# Enrolment

Enrolment on this course is a serious commitment.

You are welcome to contact Sevanti beforehand or Rosie Chipping, the Course Administrator, to discuss any concerns or questions you may have about the course.

To complete your enrolment please return the following:

- Online application form-Please fill in online at <http://www.being-in-unity.com/holistic-massage-diploma> scroll to the bottom of the page for the form.
- Once we have received your application form we will arrange an interview with Sevanti. This will be conducted face-to-face, but if this is not possible then we will arrange a telephone interview.
- If you are accepted onto the course we will require the completed booking form and signed contract, plus the £650 deposit.
- Medical Certificate-please send this to us along with your deposit or let us know if this will be sent by your GP-If you know of any health reason that could cause you to leave the course, please let us know before the deposit is transferred.
- First Aid booking form (if required).

You are advised to keep copies of these documents.

You can send these by post to:

Rosie Chipping, Unity Studio, 130a Lewes Rd, Brighton, East Sussex, BN2 3LG.

Or by email to Rosie at [unityschool130@gmail.com](mailto:unityschool130@gmail.com)

Your application may be subject to interview.

If so, Sevanti will contact you to arrange a suitable time.

Upon satisfactory completion of your application, you will receive written confirmation of your place on the 2018-2019

Unity Holistic Massage Diploma (MTI). In the event that your application is not successful, your deposit will be returned.

## Unity Holistic Massage Training 2018-2019: Booking Form

Name

Telephone

Email

D.O.B

Previous masage experience:

Why do you wish to take this diploma

Are there any medical conditions that may affect your participation or attendance?

A Medical Certificate is required to complete your application.

☐ Certificate enclosed ☐ GP sending directly

Address

Postcode

Please tick the box next to your chosen payment option:

☐ Deposit of £650 (non-refundable) to be paid by 22nd October 2018, followed by £1800, to be paid by the 22nd November 2018. Total fee £2450.

☐ Unity requires £1325 to be paid by the 22nd October 2018 (includes £650 non-refundable deposit), followed by 4 monthly payments (1st Nov '18, 1st Dec '18, 1st Jan '19, 1st Feb '19) of £331.25. Total fee £2650.

By Signing this contract I agree that should I need to leave the course for any reason the full fee must be paid and that no monies are refundable.

Please read the student learning contract and terms & conditions.

If you have chosen to pay in instalments the standing order must be active and guaranteed from November 2018 to February 2019.

I understand that if I miss any study sessions then I must arrange alternative catch up sessions, which incur an additional cost. 100% attendance is required to complete the course.

Sign

Date

Payment details (please tick)

☐ Bank transfer to:

Miss J E Attwood  
Co-operative Bank  
Sort Code 08-93-00  
Account number 08305202

☐ Cheque payable to J E Attwood. Send to:  
Unity School of Yoga, Dance & Bodywork  
130a Lewes Rd, Brighton, BN2 3LG  
01273 778400 [unityschool130@gmail.com](mailto:unityschool130@gmail.com)  
[www.being-in-unity.com](http://www.being-in-unity.com)



# Student Learning Contract

I wish to enrol on the Unity Holistic Massage Training 2018-2019.  
I understand that Unity will provide training over 19 days  
(excluding the exam) during these 9 months the course will be taught  
by Sevanti, Victoria Auton and Earle Abrahamson..  
The dates are as follows:

Practical and Theory course dates are as follows.  
9.30am-5.30pm Thursdays and 9am-6pm all other days.

Thursday 22nd November – Saturday 24th November 2018

Thursday 13th December – Saturday 15th Dec 2018

Thursday 4th – Friday 5th Jan 2019

Thursday 14th – Friday 15th Feb 2019

Thursday 21st – Friday 22nd March 2019

Thursday 18th – Saturday 20th April 2019

Thursday 24th – Friday 25th May 2019

Thursday 27th June - Friday 28th June

Coursework due in 1st July.

Practical exams Thursday 18th and Friday 19th July 2019

AP&P dates 2019

Sat 9th/ Sun 10th February 2019

Sunday 17th March 2019

Sunday 7th April 2019

Saturday 18th & Sunday 19th May 2019

Thursday 23rd May 2019 – Mock exam

Final AP&P exam – 21st June 2019

Dates are subject to change by Sevanti, students will be immediately informed  
if any changes occur and all students will be accommodated for  
with the new date.



# Attendance

I understand that 100% attendance is required. I will attend the course on the specified dates and times unless I am prevented by exceptional circumstances. In this instance I will contact the course tutor. If students continue to miss the set dates or are disruptive to the group, Unity has the right to terminate the students participation on the course. If a day of the course is missed, I will most likely be required to have a catch-up session.

The length of the session is dependent on the subject and work missed, at the discretion of the main tutor.

Depending on the content of the work missed, I understand that Sevanti may require me to take a catch up session. This may be a one to one, or shared with other students.

These are chargeable as follows:

1 day missed = up to 3-hours study for £90

2 days missed = up to 6-hours study for £180

3 days missed = up to 8-hours study for £240

Attendance on Anatomy, Physiology & Pathology teaching days are compulsory but should a day be missed, then a catch up session may be available with Earle, however please note that this will likely involve travelling to London.

Depending on the content of the work missed, I understand that Earle may require me to take a catch up session. This may be a one to one, or shared with other students.

These are chargeable as follows:

1 day missed = 3 hours study for £90, 2 days missed = 6 hours study for £180,

3 days missed = 8 hours study for £240

## Exam Resits

Should either the AP&P, or Practical exams need to be re-taken, the prices are as follows: Practical £145, AP&P £145, Practical Mock Exam Resit £145 - If a student does not pass their practical mock exam they cannot be entered in for their final exam.

The exams will take place at the Unity studio. No refund will be given for non-attendance.

## Punctuality

Students are required to arrive on time, there will be penalties if students are continuously late or disruptive to the group, Unity has the right to terminate the students participation on the course.

## Homestudy

I understand that approx 5-6 hours of home study time will be needed each week, including the giving and receiving massage sessions.

## Health & Well-being

I understand that a holistic perspective is respected on the course, including physical, mental, emotional and spiritual wellbeing. Therefore, I realise that I will be considering my own state of health and wellbeing on all levels during the course. I accept that the course is not a substitute for personal treatment, and if necessary I will seek out personal treatment/ counselling/ psychotherapy/ physical or spiritual guidance. I also understand I am undertaking a considerable commitment and I feel I have the time, resources, energy to complete all aspects of the course with in the set deadlines.



## Fee for deferring the full diploma

If a student needs to defer their exams, coursework dates or entire course there will be an additional fee.

Students that request to defer the course for one year must write to Sevanti and Rosie Chipping detailing their reason for deferring their training on the Holistic Massage Diploma (MTI). Payment will be required upfront to guarantee a place on the following year's diploma.

### Fee for Deferring the full diploma:

If a student requests to defer the full training until the following training year we will require the payment of £2450 to be paid 2-months before the start of the next diploma.

### Fee for deferring the Anatomy, Physiology & Pathology:

If a student requests to defer the Anatomy, Physiology & Pathology training until the following training we will require the payment of £650 to be paid 2-months before the start of the next diploma.

### Deferring the main practical components of the course:

If a student requests to defer the practical elements until the following training we will require the payment of £1800 to be paid 2-months before the start of the next diploma.

### Deferring AP&P or the practical exam:

Deferral of an exam is £145 and we will require 6 weeks notice for referral.

### Deferring coursework:

Deferral of coursework is £75 and we will require 6 weeks notice for referral.

### Essays:

If a student requests to hand in an essay after the deadline there will be an additional fee of £15, subject to the tutor's availability.

### Tutorials

If you required to arrange an additional tutorial with the main tutor, there will be an additional fee of £30.

Should I need to leave the course, I agree that the full course fees must still be paid and that no monies are refundable.

I have provided Unity with a Medical Certificate before enrolment, to validate that I am in good health and that there is no knowable reason why I would need to leave the course.

I have discussed the course with Sevanti, and have read the 'Professional Skills' notes and Terms and Conditions.

SIGNED

Name ..... date .....





# Holistic Massage Diploma 2018 - 19: Medical Certificate

Patient/Student name and address



GP Name

Telephone

Email

Practice Address



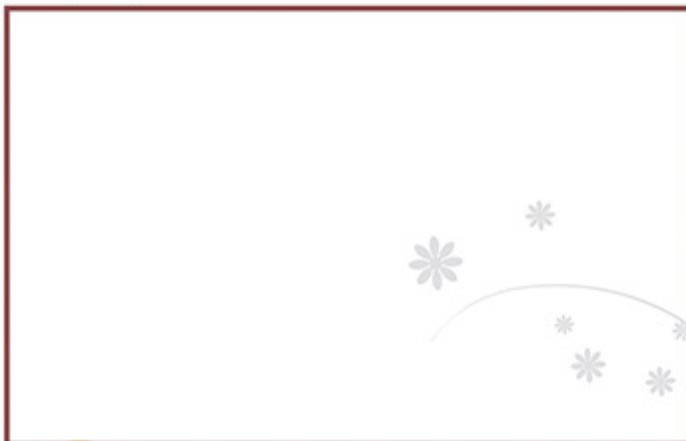
Dear Doctor

The patient named above wishes to enrol on the Unity Holistic Massage Training Diploma, starting in November 2018. This is a formal and rigorous course of study, leading to a professional qualification, enabling successful graduates to deliver massage without supervision.

The course runs from November 2018- July 2019

While there will be personal benefits to the student, this is not a personal development programme. It is important that enrolling students are in good physical and mental health; both for their own wellbeing during the course of study and for the wellbeing of their future students.

Does the student have any medical conditions that may affect their participation or attendance?



(use space opposite if needed)

Postcode

Signed

Date



Please return the completed form to your patient, or directly to:

Miss J E Attwood (Sevanti)  
Unity School of Yoga, Dance & Bodywork  
130a Lewes Rd  
Brighton  
BN2 3LG

01273 778400  
sevanti@being-in-unity.com  
www.being-in-unity.com

## First Aid Training Booking Form

Name

Telephone

Email

Address

Postcode

Sign

Date

Cost: £95

Payment details (please tick)

☐ Bank transfer to:

Miss J E Attwood  
Co-operative Bank  
Sort Code 08-93-00  
Account number 08305202

☐ Cheque payable to J Attwood

Send to:  
Unity School of Yoga, Dance & Bodywork  
130a Lewes Rd  
Brighton  
BN2 3LG  
01273 778400  
unityschool130@gmail.com

Note: if you already hold a valid First Aid certificate, and do not require this one-day course, please enclose a copy of the certificate with your application.



## Terms and Conditions

UNITY reserves the right to refuse enrolment if an applicant is deemed unsuitable for the course

UNITY reserves the right to ask a student to leave at any stage if it is felt that the professional skills have not been adhered to (the full course fees will still be due)

UNITY reserves the right to change the date and venue of any class / substitute a guest tutor if unforeseen circumstances arise. Unity will work to accommodate all of the students if a date needs to be changed.

All fees must be paid by the dates agreed. Any student withdrawing from the course after registering will be liable for the total fee.

A signed contract is legally binding. It is therefore essential that each student fully intends to complete the course. Please think carefully about this commitment in terms of your time, energy and finances. All payments must be received regardless of whether the student leaves the course for any reason.

Students will need to take out 'student insurance' for the duration of the training. Please ask for details at the start of the course. Ideally, please enquire with MTI for their Insurance Policy details.

Adherence to the stated 'To Consider' elements of the course is a requirement of this training and of successful completion.





# UNITY Values

## To Host with Warmth

We wish for all of our students, clients and visitors to feel welcome and honoured at Unity. We offer a homely studio which provides a nurturing, sacred and positive environment, for group and individual work.

## To Serve with Professionalism

We are proud of the high standard in our well-established professional trainings, classes and workshops.

We welcome other tutors and practitioners who work with a similar passion and commitment to their work.

## To Work with Love

We deeply believe in the need for self developmental work and personal expression. We feel this work can thrive efficiently in a clear, loving and down to earth environment. We heartfully aim to work with fairness, respect and kindness to all.

## To Improve with Enthusiasm

To maintain our inspiration and vibrancy, we are constantly working on exciting projects for the improvement and development of our premises, services and events. We gratefully welcome all constructive feedback, and aim to deliver the very best standard possible.

## To Unite with Affordability

We welcome a community of local and visiting people. We offer a fair price, with flexible payment plans available for those who require assistance.

*Practice with devotion,  
share with love,  
live your dream.*