



THE UNITY CENTRE
yoga, wellbeing & the arts

Grand Opening Weekend

Starts **Friday 6th Sept, 6pm**



Unity Lewes
is a not for
profit CIC

Former Turkish baths, 35 Friars Walk, Lewes

being-in-unity.com/the-unity-centre-lewes

be relaxed • be inspired • be together

Opening Weekend Schedule

Friday, 6 Sept

- 6pm Opening ceremony with Lewes Mayor, John Lamb
- 6.30pm Open tour of the Centre
- 7.15pm Harry's Tricks

Sat, 7 Sept

- 10am-4pm Classes (Children's classes 10-12)
- 7.30pm Music by Carrie Tree and Keith Ellis

Sun, 8 Sept

- 10am-2pm Classes 10am-2pm (Children's classes 10-12)

Food and drinks served by Soul Soup

All events are free, however we would be very grateful if you are able to offer a donation to help us fund our specialist inclusive projects

Unity CIC (not-for-profit) is busy transforming the old Turkish Baths building in Lewes into a Centre for **Yoga, Health, Wellbeing and the Arts**. We aim to serve the diverse needs and abilities within our community, offering inclusive classes, therapies and events.

- **Two Studios**
- **Two Therapy Rooms**
- **Infra-red sauna**
- **Float Pool**
- **Vegan café (with veggie options)**
- **Shop**
- **Gallery**

Disabled access, parking and facilities, with hoist and adult changing table.

Further details will be available on our new website which is coming soon!



ALL
CLASSES
£5
FOR FIRST
WEEK



Memberships
start at just £30
for the first month

Drop-in classes
also available

